




GRATITUDE REPORT 2019





With Enduring Gratitude

Our 2019 Gratitude Report is dedicated to founding board directors of The Substance Abuse Foundation who have gone on to higher service, Harold Hoyte, , Mousa Moses and Desmond Niccholls. We thank them for their compassion, commitment and extraordinary courage. They have made it possible for individuals suffering from the disease of addiction to have a chance at new life in recovery. Barbados is a safer and healthier because they cared!

**"Our donors and volunteers
are the charming gardeners
who make our souls blossom."**

- Marcel Proust (adapted)

Contents

04

We Thank You

Introduction by Barbara
Trielof Deane, 2019

07

Philanthropic Giving

08

The Maria Holder Trust

09

Government Support

10

Capacity Building

11

Canadian Womens Club

12

Testimonial: My Story, My
Song

14

Our Friends in the Diaspora

15

A Message from Holy Trinity
Church

17

Client Testmonial

19

Corporate Support

20

Clarke, Gittens & Farmer
Law Firm

21

Ganzee 5k Walk
Supporting the SAF

22

Cave Shepherd & Co.

24

CIBC First Caribbean
International Bank

26

CIBC FCIB Why We Give

28

Why Tricor Supports

31

Non-cash Donations & More

32

Caribbean Label Craft

32

Dollar Wise

32

Trinity Outreach Ministries

33

Our Volunteers

35

Support for Verdun Farm
and Verdun Patisserie

36

Diamonds International
Charity Golf Tournament

38

How to Help



Our Lead Team

Board of Directors



Board of Directors

- Peter N. Boos, F.C.A. Chairman
- Olivia Burnett
- Norman Barrow
- Dr. Toni Nicholls
- Dr. Barbara Trieloff-Deane
- Dr. Ronald Chase
- Katrina Sam
- Christopher Sambrano
- Pauline Tully
- Tristan Millington -Drake

Executive Team



Executive Team

Peter N. Boos F.C.A.
Chairman

Marietta Carrington
Chief Executive Officer

Angela Sealy
Director of Clinical Services

Bernard Pooler
Director - Finance & Administration

Mission, Vision & Values



OUR MISSION

Helping addicted persons heal and lead productive lives.

OUR VISION

To be the leading, internationally accredited institution in the Caribbean in addiction treatment and counselling training.

OUR VALUES

Treat every person with dignity and respect | Committed to the 12-step fellowship | Always hopeful and understanding | Open to new ideas | Teamwork

COMPANY REGISTRATION INFORMATION

Company Registration Number - 12928

Charity Registered Number - 372

Registered Office

Pool St. John

Barbados

We thank you!

Dr. Barbara Trielof-Deane
Director - Resource Acquisition

"The journey of a 1,000 miles begins with a single step!"

(Proverb - Chapter 64 of the Dao De Jing ascribed to Laozi)

"Every day I thank God for the opportunity to get help" -- to take that first step forward. What makes that single step so powerful is that it takes tremendous courage, self-awareness and surrender.

Every day we hear stories from every walk of life, every financial, social and professional background, the homeless, the unemployed, the outcast! Every day we hear stories of that moment of truth and surrender - that first step forward into the open arms of Verdun House and Marina House!

It is thanks to you, our family of donors, supporters and volunteers -- corporate partners in the private and public sector and individuals here and abroad, giving time, effort, passion, financial support and commitment to the programs at Verdun House and Marina House--that make possible that first step forward into recovery!

It is with great pleasure that we share the 2019 edition of our Gratitude Report to showcase those who have made 2019 an exceptional one with their generous and selfless donations to our programs. In this report we can elaborate on our various fundraising initiatives and special events held in 2019. Thanks to you that we were able to:

- Offer rehabilitation services to hundreds of individuals and support to their children
- Provide family programme therapeutic support to clients and their families

- Ensure that clients without skills participate in our Client Development Programmes and where necessary assist them in completing unfinished education or learning new skills.
- Generate approximately \$100,000 from our Phase 1 Renewable Energy project to fund rehabilitation programs
- Host workshops for individuals working in the "helping" fields to learn more about mental health and addiction
- Researching recovery to include: Treatment outcomes, Client Retention in Treatment, Social and community impact and continuing care.
- Create work opportunities for clients in our microbusinesses

On behalf of our advisory council and board, our highly trained and accredited therapy professionals, our valuable, skilled team of staff working at Verdun House and Marina House, our clients and their families, we offer our heartfelt gratitude and appreciation for your embrace. △





Our Gratitude Report 2019

Hundreds of donors, volunteers, and grantors nationally, regionally and internationally share The Substance Abuse Foundation's (The SAF's) vision of a Barbados and a Caribbean region where all individuals and their families irrespective of gender, colour, creed, religious beliefs, suffering from the disease of addiction can have access to world class treatment and hope for a future.

No amount of words can express the sincere thanks and gratitude that we seek to convey.

Philanthropic Giving

Julia and Hans Rausing's philanthropic commitment - Making a difference in the lives of the most vulnerable

The Julia and Hans Rausing Trust continues to be the major financial contributor to the operations of The SAF. 2019 was no different. We simply would not be able to do the remarkable things we do for Barbados' and the Caribbean's most vulnerable had it not been for the financial support that they continue to provide year after year. We don't take their generosity for granted and we ensure that clients and their families who are the beneficiaries of their generosity do not take it for granted either.

The money they contribute has allowed us to access top class clinical expertise, keep the engines moving and our buildings and plant therapeutically healthy. In this edition we give thanks, we give thanks, we give thanks! We have said this many times but it is worth repeating every single time. Without the kindness and generosity of Julia and Hans Rausing, rehabilitation services "might not be available to the desperate families and communities whose lives are wracked by the disease of addiction". Without their philanthropic support we would not be able to operationalise our rehab programmes and give these men, women and families hope for a better life. The word "thanks" pales in comparison to the immense gratitude that we feel. △

We simply would not be able to do the remarkable things we do for Barbados' and the Caribbean's most vulnerable had it not been for the financial support that the Julia and Hans Rausing Trust continue to provide year after year.



The Maria Holder Memorial Trust

The Trust's mission is to "contribute to the alleviation of poverty and to improve the quality of life of vulnerable people, particularly in Barbados". This mission is actively lived out in the many charities and NGOs that the organisation supports in Barbados and throughout our region. In 2019 The SAF continued to benefit from their philanthropic giving. We shared in the last edition the latest project that was being funded by The Trust to enhance the treatment experience for women with children.

The project has not yet been completed and we expect that will happen in 2020. When finished the centre would be an important complement to the main "house". Women and their children will have a dedicated space to engage in therapeutic family sessions with counsellors and our family therapist. The grounds will be transformed into play areas and we would be growing food not only to feed the facility but to sell to

the community, thereby earning additional revenue to support our rehabilitation programmes.

We thank the Chairman, Christopher Holder, all the members of the board and the team at The Trust for making it possible for the women and their children to have their needs met. We especially thank Jane Armstrong for giving us that extra support when needed.





Government Support

The Government of Barbados continued to be an effective and reliable partner. Their ongoing support is in the areas of funding and policy development. The “fee for services” arrangement with the Ministry of Health and Wellness is the major financial support which The SAF continued to receive. This arrangement facilitates citizens being able to access world class mental health and addiction services. Most of these citizens are the most vulnerable and marginalised in our society. We can’t thank the Director and other officers at the Psychiatric Hospital enough for working with us to minimize the barriers and stigma associated with mental health and addiction treatment.

The complementary government agencies who work closely with Verdun and Marina are important to the overall delivery of these

health services. Support that deserved thanks also comes in the form of advice, technical expertise and making the way for individuals to get help. These agencies include PAREDOS and The Drug Treatment Court.

The most significant support we received in 2019 came from Carol Griffith our “rock of Gibraltar” from the TVET Council who worked tirelessly to attain approval for the Solar Photovoltaic Panel Installation - Roofer/ Fitter Level 2 standards. She also worked with the assessors, verifiers and co-ordinators to ensure that the candidates were supported and she stayed the course as we worked towards getting candidates assessed and awarded their unit certifications. Thank you Carol and the TVET Council for helping to make it possible for 20 men and 4 ladies to achieve an important career goal. ▲





Capacity Building


Thank you John Martin - MGI Fundraising Consulting Inc.

All charities, including The SAF must develop long term plans for their sustainability. Due to the specific nature of our work and the clients we serve, opportunities for revenue generation are limited and so our dependence upon the generosity of organizations and individuals is of vital importance. In 2019, through the generous financial donation of Tom Kemeny, The SAF was able to access the services of John Martin of MGI Fundraising Consulting Inc. This full-service philanthropic management-consulting firm provides critical expertise to a wide range of non-profit organizations across North America. Mr. Martin donated his time and expertise to travel to Barbados for 3 days to toconduct an independent development audit. The purpose of this audit was to provide the Board of directors and senior officers of The SAF with an assessment of The SAF's strategic initiatives as it relates to our financial substantiality and focus on community engagement and support. At the end of the three-day visit, MGI provided The SAF with a set of observations and recommendations that were extremely helpful and complemented the Board's independent assessment of the way forward. Key recommendations included creative ways to garner support for special projects and operational goals; the establishment of an endowment fund that would ensure our future financial sustainability; the importance of sharing stories to reinforce the impact of the valuable work we do. We thank John Martin for his professional advice and insights as well as his follow-up support. We are also deeply grateful to Tom Kemeny for making it all happen! △

Canadian Women's Club

The Canadian Women's Club Barbados have continued to support our family programmes. It is through their generous financial contribution that we were able to add an additional layer of support by strengthening the family treatment component that specifically addressed the needs of our women with minor children. This gender-responsive programme has

been invaluable in helping women with children understand the negative impact that their absent fathers have had on their lives and subsequently their own children. The spouses and partners of clients in residential or outpatient benefit from these family interventions. In thanking the CWC, one of our graduates offered thanks on behalf of the women of

Marina House by sharing her story at the Club's annual Charitable Disbursement meeting held on March 6, 2019 at Providence School. This is included in this report with a huge thanks to all of the women at CWC who work tirelessly to ensure that the lives of the most vulnerable are made better. 



This is my story.... this is my song

My name is Rachel and I am 25 years old. I came up in a single parent family which consists of my sister, two brothers and my mother. I started using drugs at age 11 and alcohol was a comfort or friend I thought. My mother and my oldest brother were abusive towards me so I drank alcohol to cope. You may wonder at 11 years old where did I get alcohol from. Well I grew up in a single parent household as I mentioned earlier where my mother as a post woman was given many gifts in the form of alcohol beverages from members of the community she served. She kept them in her bedroom and I would often sneak in and steal. I had my daily supply of alcohol from my mother's bedroom. I started using alcohol and then graduated to weed and bad company at school. Shortly after that I began using, I found bad friends and soon dropped out of school and became pregnant.

In active addiction, I was unable to be a decent parent.

Being under the influence of one drug or another prevented me from being there emotionally for my son. My son told me he felt hurt and neglected.

I started my treatment journey on 26th February 2017 at Marina House which was very difficult since I had to learn how to live my life without drugs. I must admit that I learnt different coping skills at Marina House which I have been putting into practice to this day. This experience has kept me clean and sober. Some of the staff at Marina and Verdun are like my family today and my support network. In treatment I was fortunate to gain certification and learn new skills. I have completed the CVQ industry standards in Information Communication Technology Level 1, Commercial Food Preparation Level 1, and Solar Photovoltaic Panel Installation (Roofer/Fitter) Level 2. I was also given the opportunity to attend the Pommarine Institute where I successfully completed a course in Basic Trade Cookery.

I was offered family treatment services but unfortunately my mother did not see it fit to attend any of the sessions offered. Nonetheless, I attended all of the individual sessions with the Family Therapist who helped me to rebuild my relationship with my son. I am presently two years and one week clean and sober and I am doing this one day at a time. I still have my bad days, but I have learnt that the bad days will pass. I also have a wonderful support system which includes some of the staff and recovering addicts that I met at Verdun and Marina House who I can call and depend upon. Temptation and drugs may always be a part of our society but being aware of the trap of drugs and its long-term negative effects is quite useful. Drugs take more from you in the end. So my advice is to stay away from drugs. Thank you for listening. △



Our Friends in the Diaspora


We have come to rely on the kindness and generosity of our friends in the Diaspora to help us make Barbados a healthy and safe place for our citizens. Our Barbadian and indeed Caribbean friends in the Diaspora in Canada provided financial and other support to The SAF. Canon Stephen Fields, Linda, and all the members of Holy Trinity Church, Thornhill for their on-going financial support. That Verdun and Marina House are now included in the Church's outreach ministries is testimony to the compassion and interest in Barbados. In November Barbara Trieloff-Deane, Director responsible for Resource Acquisition and Marietta Carrington, Chief Executive Officer visited the Church to share the SAF's plans and to thank them in-person for their support. We were in the planning stages of our 2020 Charity Fundraising Concert and knew that we could count on the attendance and support from members. Thanks Holy Trinity!

We continue to receive support from The Very Rev. Douglas Stoute and members of the St. Hilda's Anglican Church. In this issue, we want to give a special mention to Earl for his financial donation and his ongoing interest and commitment. Thanks St. Hilda's.

June Engle resides in New Zealand but her ties to Barbados are as strong as ever. She is member of the Harold Hoyte family clan. In a visit to Verdun House and knowing of Harold's passion and commitment to making the lives of individuals and families suffering from the disease of addiction better, she was moved to make a very generous donation towards our work and in memory of Harold Hoyte. Thank you June. Your donation was allocated to our microbusiness and the training of men in eco farming. △



Above: Marietta Carrington receiving a financial donation from June Engle of New Zealand



"... we are called to care for one another, especially the most vulnerable among us..."
- The Church of Holy Trinity

Thank you!

A Message From Holy Trinity Church, Thornhill, Ontario

The Church of Holy Trinity, Thornhill, Ontario, is pleased to be associated with the amazing work being done by The Substance Abuse Foundation (The SAF) of Barbados. Our relationship, which is relatively new, now in its fourth year, has met with much support in our parish community.



At the time of our introduction to The SAF, our parish Outreach budget and that of the Anglican Church Women (ACW) were, together, supporting 40 charities and agencies that work to make a difference for those who lives have been met with adversity. That number, notwithstanding, we were glad to add The SAF to the list.

We have seen the pain and suffering experienced by individuals and families impacted by mental health and addiction in our city. It takes a toll on them and, since we are all connected in some way, it takes a toll on all of us. Since we are called to care for one another, especially the most vulnerable among us, it is important that we do

everything we can to support them, especially the women and children.

Our means of support, mindful of the financial rules that regulate our work, is through the provision of food items. From this distance we remain committed to supporting and contributing to the sustainability initiatives of The SAF. △

Below: Barbara Trieloff-Deane, Director of Resource Acquisition and CEO Marietta Carrington accepting a financial donation from Linda Robertson





Client Testimonial

Shavon P., Gratitude Report

With Much Gratitude

"God Sent", are the words I will use to describe my treatment at Marina House in 2016. In 2016 I was charged by the court and sent to the psychiatric hospital to participate in their walk-in programme when I heard about a new treatment Centre for women in St. John, from a staff at the hospital.

Well my immediate reaction to that news was, "A new treatment Centre for women? Well not for me!" My plans were not God's plans. On my return to court, I was ordered by the magistrate to go to treatment at Marina House for three months. I certainly was not pleased, but today I am thankful that I was given that opportunity to regain my life. I was sent for



three months but I eventually spent one week shy of nine months by choice. I participated in the full treatment experience first stage and second stage.

Today I am pleased to report that I am four years clean as a result of the programme. Through the programme I was given the opportunity to regain my family, I am now trusted by everyone and I have a career. I recalled the only certificate I had before I went into treatment was my birth certificate and when I completed treatment I gained certificates which placed me in a position to gain employment at a top hotel in Barbados, which I am currently employed at. I can now provide for myself and my son.

Treatment has blessed me with faith and courage. Faith that everything will work out once I give myself permission to believe and courage to go forward in the mist of my fears. I recalled taking that step of faith four years ago and today I am grateful I did. Treatment at Marina House worked for me and I am thankful that there is a place with caring people, which are capable of giving you that chance at being a productive member of society once again. △

Shavon P.

At July 1, 2020

Corporate Support

In 2019 Barbados continued to experience economic hardships as the country undergoes an IMF supported Barbados Economic Recovery & Transformation (BERT) Programme. It has been tough for the business community. In spite of this, organisations who take their corporate social responsibility seriously have been out front lending support to ensure that our social fabric does not suffer from decay. In this issue, we will highlight four of those businesses.



Clarke Gittens & Farmer Law Firm



The partners and staff of Clarke Gittens & Farmer (CGF) are deeply committed to ensuring Barbados' most vulnerable men, women and families continue to have access to rehabilitation programmes. They truly understand the pivotal role that we play supporting those most in need. They also understand that in order for us to do this

important work, we are constantly having to navigate the changing legal and regulatory environment. It is truly a relief that we do not have to concern ourselves over these matters. An A+ grade would be the only one The SAF would achieve following an audit of our legal and regulatory affairs. Our audited financial statements are filed on time,

any changes in directors are submitted to the authorities and we are assured that we are in good legal standing where it matters most. Nicola Berry, a partner with the firm and a member of our Board has been a gem of a support for The SAF and she has the full backing of her partners and staff. Thank you Nicola! Thank you partners and staff at CGF! △



The Ganzee 5K Walk Supporting TheSAF

Each year this partnership continues to deepen. Our charity was selected for the second straight year as the beneficiary of the 2019 Ganzee Run for Charity. The \$5,000 donation from this event was allocated to an area of greatest need. We wish to express our deepest

gratitude to Susan Gill and the entire team at Ganzee for their ongoing support. Special mention must be made of Kristina Evelyn who is the driving force behind many of the activities over the Run Barbados weekend. Her collaboration with our clients and staff makes it

possible for a local, regional and international audience to learn more about mental health and wellness. △

Below: Presentation from Ganzee to The SAF



Cave Shepherd & Co. Ltd.

In 2019 Cave Shepherd & Co. Ltd introduced two important initiatives that provided opportunities for seven charities in Barbados to achieve their funding goals. The SAF was among the number of charities selected. The Card Services Business Development and Marketing Team created a unique Mobile Partner category that allowed service organisations to use the Cave Shepherd Mobile App as a payment solution to receive donations from continuous fund raising efforts. This financial tool is available year round, has no expiry date and is a gift that can continue to give through the year. Individuals can make their financial contributions, big or small, to The SAF or any of the other organisations. This is just one of the financial tools available to allow us to meet our financial projections, thereby making our rehabilitation programmes available to Barbados' most vulnerable.

The second initiative - Lifeline Christmas Appeal - again provided a financial tool to allow The SAF to access the more than 30,000 Cave Shepherd cardholders to make their financial donations. Even though this was a Christmas campaign, individuals can contribute throughout the year. We hope to leverage these opportunities and to encourage persons to support our programmes.

A huge thanks to Allison Browne-Ellis, Gail Welch and the entire Cave Shepherd team for helping us to help others. △

Partnering for Success!

Small Business Owners, we want to invest in You!

Register Today as a Cave Shepherd Card Mobile Partner and get the chance to receive 1 of 2 \$2,500 cash injections.*

Cardholders!
Here's your chance to WIN weekly in one of our XPC Family Buckets when you Scan and Pay with your Cave Shepherd Card Mobile App! any of our Registered Mobile Partners.

Promotion Dates:
September 16th - October 20th, 2019

Thank You to Our Sponsors!
Visit www.caveshepherd.com for full promotion details & list of Mobile Partners.

Download on the App Store | GET IT ON Google Play

CSBA Small Business Association

Just Another Reason to love your Cave Shepherd Card!

Cave Shepherd & Co. MOBILE presents

Lifeline Christmas Appeal!


Cardholders, here's your chance to donate to a local Charity this Christmas.

- Heart and Stroke Foundation
- The Substance Abuse Foundation
- Team Mikey 246
- The Salvation Army
- The Precious Touch Foundation
- The Barbados Vagrant & Homeless Society
- Variety Children Club

Make your donations through the Cave Shepherd Card Mobile App!

Download on the App Store | GET IT ON Google Play

Left & Above: Cave Shepherd Mobile Charity E-blast



*"A little flower that blooms in May,
A lovely sunset at the end of a day,
Someone helping a stranger along the way,
That's heaven to me"*
- Sam Cooke

Thank you!

CIBC FirstCaribbean International Bank

There is no question that CIBC FirstCaribbean International Bank is a friend of Verdun and Marina. This bank through the Comtrust Foundation and their Adopt-a-Cause programme has provided tremendous ongoing support.

In 2019 Marina House was the beneficiary of two separate donations from staff of the bank.

The Speightstown branch donated toiletries to the Marina House. and another donation came in the form of clothes, kitchen utensils and other necessities from the Wildey Branch and the bank's Corporate Communication Department. In both instances, members acknowledged the importance of helping others to make a fresh start in their lives and readily supported the appeals for the branches' involvement.

During the year the bank had available a number of computer systems which have been taken out of service for the purpose of providing banking services to their clients, but which were perfectly serviceable for use in the education environment. They asked their employees across the Caribbean to nominate worthy recipients for the systems and we were nominated by Debra King, the Bank's Corporate Communications Director.



Left: Clinical Director Angela Sealy (second left) chats with Michelle Whitelaw (left) Director of Retail Banking Channels, CIBC FirstCaribbean, Sue-Anne Malone, Branch Manager, Wildey, (Renee Napoleon) and Shantelle Griffith, Communications Analyst with CIBC FirstCaribbean during the presentation.

The 12 laptops that were donated to us could not have come at a more opportune time. We were able to upgrade our Library and Learning Centre and replace computers being used by staff that needed upgrading.

There are so many charities in Barbados doing exceptional work. However, mental health and addiction are not always top of mind for corporate support and so we recently asked the bank....Why do you support us? The response is included in this gratitude report. △



Above: CIBC FirstCaribbean donations



Above: CIBC FirstCaribbean's donation of laptops

CIBC FirstCaribbean

Why We Give

We give because...

CIBC FirstCaribbean through its charitable arm, the FirstCaribbean Comtrust Foundation commits no less than USD 1 million every year in support of projects and activities in communities across the 16 territories in the English and Dutch Caribbean where we have a presence.

We offer this support and partnership under three main areas :-

- Youth and Education
- Health and Wellness
- Community and the Environment

At the centre of all of these activities is the uplifting and empowering of people in our communities. Issues of addiction and mental health are truly community issues requiring a community response. The transformational work of the Substance Abuse

Foundation's residential rehabilitation programmes at Verdun House and more recently Marina House, sweeps across all three of our key areas of support.

Support for the life-changing work of Verdun and Marina House, has become a passion not only of our Foundation but many of our staff members across our bank who realise that our gifts of money, clothing, furniture, bedding, toiletries, kitchen equipment and other supplies are key ingredients

in helping clients restore themselves physically, mentally and spiritually.

These gifts are also building blocks toward new skills and knowledge which will ultimately lead to a return to productive living for many of the clients at both facilities.

We congratulate the Substance Abuse Foundation on twenty years of bringing hope and healing to addicts, their families and communities. ▲

"Support for the life-changing work of Verdun and Marina House, has become a passion not only of our Foundation but many of our staff members across our bank..."
- CIBC FirstCaribbean





Above: Staff of Tricor Caribbean distributing produce purchased from the SAF Farms and Patisserie. Managing Director Connie Smith, Cyralene Odle, Manager - Human Resources and Cheryl Best-Browne receiving their weekly produce and baked goods from Verdun Farms.

Why Tricor Supports!

"A place of healing from addiction."

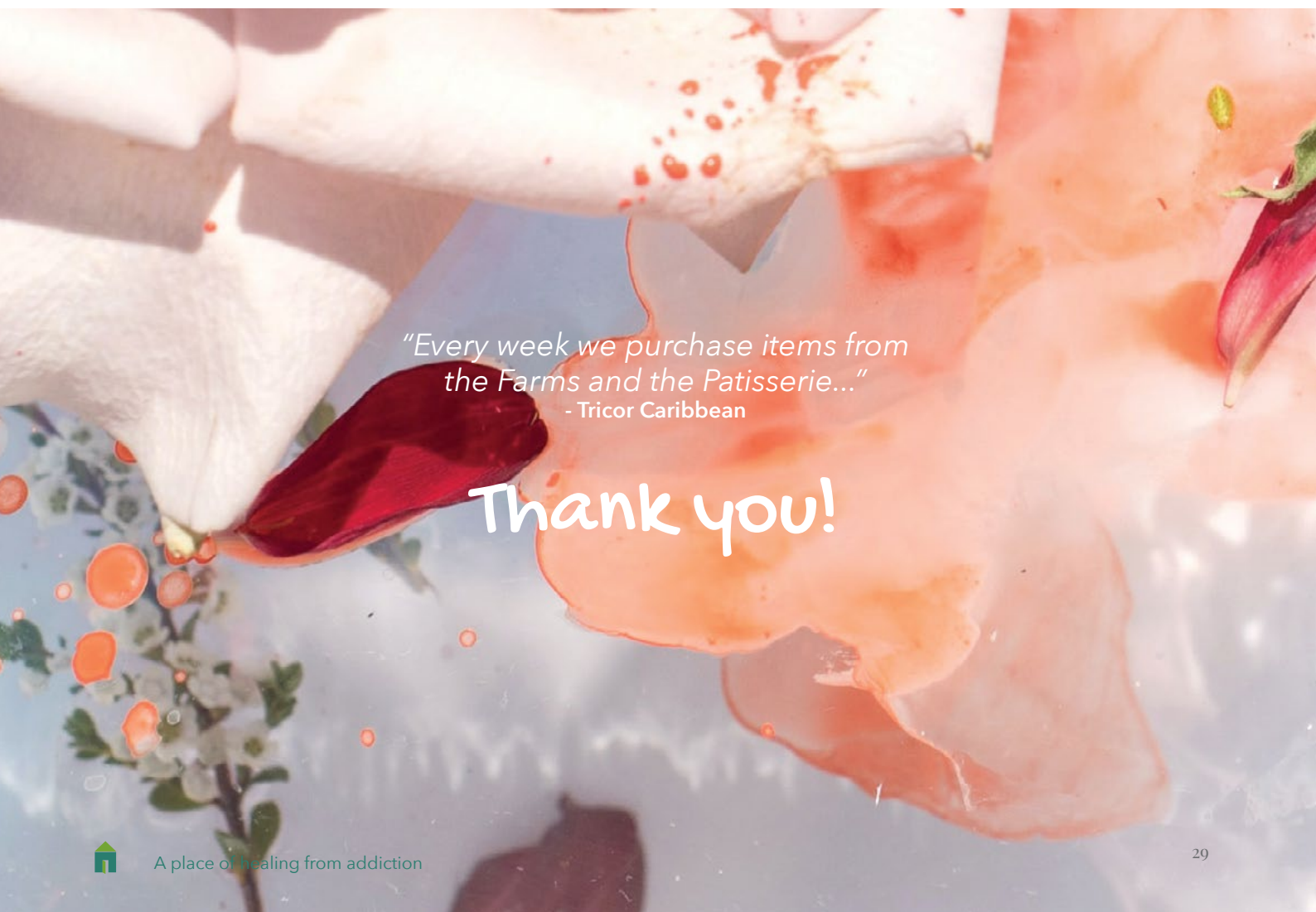
These words of purpose and mission have, for more than 10 years, inspired the Tricor Caribbean Team to support the work of the Substance Abuse Foundation at Verdun House. Through the years, we have witnessed with pleasure the progress and the diversification of the produce being offered by Verdun Farms (poultry, eggs, vegetables) and Verdun Patisserie (baked goods).

Increased mental health issues are daily being presented in the workplace and otherwise. We also note that mental health issues are not always viewed in the same way as non-communicable diseases. Suffering from mental health and addiction challenges must be supported in the same way as individuals with ailments of the body. Women, children and communities are stronger when the most vulnerable in our society are supported. We at Tricor Caribbean therefore want to contribute to and support the change that can occur as more people, families and individuals receive help for mental and addiction challenges.

Every week we purchase items from the Farms and the Patisserie not only to meet our

household needs but because we know that our spend importantly goes towards meeting the needs of at least one person who is on the road to recovery and healing. Join with us and support the significant work of the Substance Abuse Foundation by purchasing their produce. Also note that while a financial contribution is critical, donating food items and clothing also contributes to the Foundation's sustainability.

Tricor Caribbean congratulates the Substance Abuse Foundation on its 20th anniversary of fighting the harmful impact of illicit drugs and alcohol on the shattered lives of citizens and their families in Barbados and the wider Caribbean. Well done! ▲



*"Every week we purchase items from
the Farms and the Patisserie..."*
- Tricor Caribbean

Thank you!





**"Gratitude is the fairest blossom
which springs from the soul."**

-Henry Ward Beecher

Non-Cash Donations and More

Support for our work often comes in the form of donations of products and services. These are equally as important as the cash that we receive. In this report, we are pleased to highlight a few of the individuals and organisations that have supported our work.

Caribbean Label Crafts(CLC)

Verdun Farms and Verdun Patisserie are evolving into a household name for many of the companies and individuals that support us. The baked goods and the produce that we sell are now being professionally labelled thanks to the amazing support and contribution from the team at Caribbean Label Crafts. When we reached out to them a few years ago to help us make available a suitable label for these products, they didn't hesitate to lend their more than 30+ years' experience to our team. As we expand our range of products, CLC has indicated that we can continue to count on them for our label printing needs. We thank you CLC!

DollarWise

We are Five years and counting. Dollarwise - often referred to as the "Three Dollar Store" - continues to be one of our most consistent corporate partners. We continue to receive our regular donations of cleaning items, plates, cups and bowls and occasionally when available snacks and food items. Thank you Mryna Edwards for your support. We thank you owners and Directors and all the staff who continue to give and to give!

Trinity Outreach Ministries International Inc.

Our Gratitude Report would not be complete without us giving the biggest and broadest smiles and grins to all the Trinity Champions at Trinity Outreach Ministries International Inc. Even in the toughest times, we can count on their monthly supply of toiletries for the men, women and families in residence at Verdun and Marina.

Our Volunteers

We Thank you



Above: Volunteer appreciation lunch

It is a fact that charities and non-profits rely heavily on volunteers to accomplish important work that simply would have to be put on the back burner or not get done. Why? Because resources are always scarce and stretched. We currently have on our register 30 active volunteers and approximately 70 that have worked with us on a number of programmes and initiatives. This number does not include the Board of Directors who give freely and generously of their time in leading The Foundation. In this issue, we want to highlight three of them.

Charles Brandford is the epitome of a committed volunteer. He has approximately 15 unbroken years - volunteering with us long before we had a formalised volunteer programme. Each week one would find Charles engaging with the clients, listening to their stories, instilling values that last a lifetime and giving them hope when they feel hopeless. Thanks you Charles.

In 2014 our Health and Wellness programme was expanded to include additional relaxation therapy. This was made possible by **Jane Armstrong** and her team of trained yoga practitioners who continue to devote their time, talent and treasure to our wellness efforts. We see evidence of their work in how the clients interact with each other and others in our therapeutic community. Thanks to the yoga team.



The clinical team requested that we highlight **Ethnie Weekes** and **Ronald Maloney** on the clinical volunteer team. We thank them for their dedication in working with clients who are challenged with respect to their literary competencies. Their patience and commitment have made it possible for clients to graduate from treatment with the ability to read and write. That significantly enhances these clients' self worth and ability to function more effectively in the community. We can also count on Ethnie for donations and assistance with our events for clients and staff. Thank you Ethnie!

People often remark on the high quality of our publications. They often wonder how a charity is able to produce such excellent work, knowing full well the commercial cost of producing these documents. All of our publications, flyers, logos, branding icons, etc. are professionally designed by Michael Burke and Debbie-Ann Estwick. Debbie has a Master of Arts in Design and Branding Strategy, with distinction, from Brunel University (UK) and Michael has a BA, with Hons. in Product Design from Middlesex University (UK).

Before we can get to design and publishing it is critical that we have someone with the competence to ensure that the content is free of errors. Julia Thorington is our pair of eyes. She ensures that the content of all of our publications e.g. newsletters, annual reports, flyers etc. are polished to a high standard and easy to read. Thank you Julia for always saying yes!

We can always count on these professionals who are members of our marketing and design volunteer team to produce work at international standards for an organisation that believes that only the best will do! Thanks Debbie, Julia and Michael.....You make us look good!



Left: SAF Inc. CEO Marietta Carrington and volunteers Debbie and Michael

Support for Verdun Farms & Verdun Patisserie

Verdun Farms and Verdun Patisserie form an integral part of our microbusiness. They allow our clients to learn important life skills that contribute to their reintegration following residential treatment. Many of our clients when they leave are able to find meaningful jobs as a result of the training and exposure in these businesses. These farms also make us self-sufficient and so we thank the many organisations and individuals who purchase our fruits, vegetables, meat, poultry and baked goods. We selected our top corporates and individuals who have been consistent in their support to highlight in this issue.

Cyralene Odle and the staff at Tricor have been one of the longest supporting organizations of Verdun Farms and Verdun Patisserie and we wondered why they have been so consistent over the years. They have their say in this issue of our Gratitude Report.

- The partners and staff of Clarke Gittens & Farmer law firm
 - The team, including senior members of staff of CIBC FirstCaribbean including Michelle Whitelaw, Donna Wellington and Debra King, Director, Corporate Communications and others too many to personally identify
 - Brookfield Bank , including Donna Wade and more....
 - Frank B. Armstrong (Barbados) Ltd
 - Ernst & Young EY
 - CidelBank & Trust, including Jennifer Edwards
 - Clergy and staff of Christ Church Parish Church, members of the Christ Church Dance Club and more recently staff of the Barbados Diocesan office.
 - Caterers Jennifer Reid, Mona Atkins and Crystal Bayne
 - Owners of Sand Dollar Café
-



DIAMONDS INTERNATIONAL

20th Annual Charity Golf Tournament, 2019



1) Winning Team 'Tanglewood' with Michael Challis

2) Bill Longmuir and Katrina Ali present 'Longest Drive Prize' to Barbados top golfer Julian Jordan

3) Runners up - Joyce Beauvais, Erin Jackson, Don Jackson and Guy Beauvais

4) Bill Longmuir, Golf Pro at RWM presents prizes to Junior Golfers, Ciara Tully-Cornic, Emily Odwin, Xavier Wiggins and Ozhiah Layne

5) Cidel Bank and Trust Team, Greg Fenton, James Gardiner, Adrian Meyers and Ryle Weekes

6) Bill Longmuir, with Summit Asset Mgt Team, Chris DeCairies, John Howard, Neil Jamieson and Diamonds International Katrina Ali

7) Pauline Tully - Event Organiser

8) Audience

9) Ciara Tully-Cornic and Julian Jordan congratulate Justyna Cutts



DIAMONDS INTERNATIONAL

CHARITY GOLF TOURNAMENT SPONSORS 2019

Royal Westmoreland Golf Resort

Main Sponsors - Royal Westmoreland Golf Club and Diamonds International

Support Sponsors

Martyn & Sally Arbib

Crohan O'Shea

Massy Barbados and
Massy Distributors

Les Hutchison

Ricky & Rachel
Simpson

Charles Edey, TD
Reinsurance

John & Joan
Hargreaves

Joe MacDonald,
Graham Kent, Duncan
Shaw & John Bowman

John & Sue Magnier

Dermot Desmond

Donald Jackson

Justyna Cutts

Derrick Smith

Guy and Joyce
Beauvais

Chris and Denise
Ballard

John Howard of
Summit Asset
Management

Adrian Meyers, Cidel
Bank and Trust

Steve Jones

Derek Crowson

Charles Lewis

Gerry Houlihan

A & B Music Supplie-s
Norman Barrow

Event Management

Pauline Tully

Irene MacDonald

Monica Tawa

Isabelle Goodman

Ruth-Ann King

Marietta Carrington

Barbara Trieloff-Deane





HOW TO HELP

Every Gift Counts! Every Life Matters!

Annual Golf Tournament

Sponsored by Royal Westmorland and Diamonds International this is held around February each year and is a major fundraiser.

Covenants


Corporate and individual covenants are for a three-year period and both are tax deductible.

Cash Donations

Cash donations are always welcome.

Non-cash donations

Companies and individuals donate various services and supplies which are extremely useful to help us keep our costs to an absolute minimum. ▲



**“...gratitude is happiness
doubled by wonder.”**

- G.K. Chesterton





The Substance Abuse Foundation Inc.
Verdun House, Verdun, St. John, Barbados
Tel: (246) 433-3488 | Fax: (246) 433-5499
Email: info@thesafinc.com
Website: www.thesafinc.com

 www.facebook.com/verdunhouse

 www.facebook.com/marinahousecare

 www.instagram.com/saf.inc/

 www.twitter.com/TheSAF246